

Tooth-Organ Relationship

The relationship between your dental health and your overall health is at the heart of holistic dentistry. In traditional medical systems, such as Chinese and Tibetan medicine, examination of the mouth and tongue is a primary diagnostic tool for gathering information about imbalances in the rest of the body. The holistic dentistry movement embraces the holistic perspectives implicit in traditional healing systems, along with the growing body of published research linking dental health issues and chronic illness.

In Traditional Chinese Medicine, the body is home to lines of force – acu-meridians also know as acupuncture meridians—that connect various organs. Different acupuncture meridians run through the teeth, and specific organs and tissues are associated with each tooth. A chart developed by Dr. Ralph Wilson (below) outlines the relationship between each tooth and its associated organs, glands and body areas.

Traditional Chinese Meridian Organs															
Heart, Small Int., Circulation/Sex, Triple Warmer	Stomach Pancreas		Lung Large Intestine	Liver Gallbladder	Kidney Bladder		Kidney Bladder	Liver Gallbladder	Lung Large Intestine	Stomach Spleen		Heart, Small Int., Circulation/Sex, Triple Warmer			
Associated Western Medicine Joints, Organs and Glands															
Right: Shoulder, elbow, hand (ulnar) Sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS. Ant pituitary	Right: TMJ, anterior hip/knee, medial ankle. Sinus: Maxillary. Oropharynx, Larynx, esophagus, Rt. side of Stomach. #2 Parathyroid Right Breast		Right: Shoulder, elbow, hand (radial), foot, big toe. Sinus: Paranasal and Ethmoid. Bronchus, Nose. Right lung. Right side of Large Intestine #4 Right Breast	Right: Post. knee, hip, lateral ankle. Sinus: Sphenoid. Palatine Tonsil. Eye. Hypothal. Rt. Liver, gallbladder.	Right: Post. knee. Sacroiliac joint. Post. ankle. Sinus: Frontal Pharyngeal Tonsil. Pineal. Right kidney, bladder, ovary, uterus, prostate, testicle, rectum		Left: Post. knee. Sacroiliac joint. Post. ankle. Sinus: Frontal Pharyngeal Tonsil. Pineal. Left kidney, bladder, ovary, uterus, prostate, testicle, rectum		Left: Post. knee, hip, lateral ankle. Sinus: Sphenoid. Palatine Tonsil. Eye. Hypothal. Left Liver, biliary ducts.	Left: Shoulder, elbow, hand (radial), foot, big toe. Sinus: Paranasal and Ethmoid. Bronchus, Nose. Left lung. Left side of Large Intestine #13 Left Breast		Left: TMJ, anterior hip/knee, medial ankle. Sinus: Maxillary. Oropharynx, Larynx, esophagus, Left side of Stomach. #14 Thyroid #15 Parathyroid Left Breast		Left: Shoulder, elbow, hand (ulnar) Sacroiliac, foot, toes, Middle Ear. Left heart, Jejunum Ileum. CNS. Ant pituitary	
Upper Right								Upper Left							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17
Lower Right								Lower Left							
Traditional Chinese Meridian Organs															
Heart, Small Int., Circulation/Sex, Triple Warmer	Lung Large Intestine		Stomach Pancreas	Liver Gallbladder	Kidney Bladder		Kidney Bladder	Liver Gallbladder	Spleen Stomach	Lung Large Intestine		Heart, Small Int., Circulation/Sex, Triple Warmer			
Associated Western Medicine Joints, Organs and Glands															
Right: Shoulder, elbow, hand (ulnar) Sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS.	Right: Shoulder, elbow, hand (radial) Sinus: Paranasal and Ethmoid. Bronchus, Nose. Right lung. Right side of Large Intestine		Right: TMJ, anterior hip/knee, medial ankle. Sinus: Maxillary. Oropharynx, Larynx, esophagus, Rt. side of Stomach. #28 Ovaries, Testes Right Breast	Right: Post. knee, hip, lateral ankle Sinus: Sphenoid Palat. Tonsil. Eye Ovaries Testes Rt. Liver, gallbladder.	Right: Post. knee. Sacroiliac joint. Post. ankle. Sinus: Frontal Pharyngeal Tonsil. Adrenal. Right kidney, bladder, ovary, uterus, prostate, testicle, rectum		Left: Post. knee. Sacroiliac joint. Post. ankle. Sinus: Frontal Pharyngeal Tonsil. Adrenal. Left kidney, bladder, ovary, uterus, prostate, testicle, rectum		Left: Post. knee, hip, lateral ankle Sinus: Sphenoid Palat. Tonsil. Eye Ovaries Testes Left Liver, biliary ducts.	Left: TMJ, anterior hip/knee, medial ankle. Sinus: Maxillary. Oropharynx, Larynx, esophagus, Left side of Stomach. #21 Ovaries, Testes Left Breast		Left: Shoulder, elbow, hand (radial), foot, big toe. Sinus: Paranasal and Ethmoid. Bronchus, Nose. Left lung. Left side of Large Intestine		Left: Shoulder, elbow, hand (ulnar) Sacroiliac, foot, toes, Middle Ear. Left heart, Jejunum, Ileum. CNS. Ant pituitary	

Acumeridian Tooth-Organ Relationships from various sources including Gleditsch and Klinghardt (www.NeuralTherapy.com). Compiled by Dr. Ralph Wilson